

# COSMETOLOGY

## EXAMINATION SCHEME

There will be three papers, Papers 1, 2 and 3 all of which must be taken. Papers 1 and 2 will be a composite paper to be taken at one sitting.

**PAPER 1:** Will consist of forty multiple-choice objective questions lasting for 40 minutes and carrying 40 marks.

**PAPER 2:** The paper will last 1 hour 20 minutes and have two sections, Sections A and B as follows:

**Section A:** This will consist of one compulsory question drawn from Sections A, B and G of the syllabus for 30 marks.

**Section B:** This will consist of three questions drawn from Sections C, D, E and F of the syllabus. Each question will carry 25 marks and candidates will be required to answer two.

**PAPER 3:** Will be a test of practical work paper consisting of three compulsory questions. It will take 1 hour and carry 80 marks.

## DETAILED SYLLABUS

CONTENTS	NOTES
<ul style="list-style-type: none"><li>● <b>INTRODUCTION TO COSMETOLOGY</b></li> <li>● <b>Cosmetology</b></li> <li>● Cosmetology.</li><li>● Cosmetics.</li><li>● Cosmetician.</li><li>● Aspects of cosmetology.</li> <li>● <b>Professional Ethics</b></li> <li>● Professional ethics.</li><li>● Good and poor ethics of cosmetology.</li><li>● Qualities of a cosmetologist.</li> <li>● <b>GENERAL SAFETY PRECAUTION/HYGIENE</b></li> <li>● <b>Personal/client Safety</b></li> <li>● Personal safety.</li><li>● Client safety.</li></ul>	

- **Personal Hygiene**

Definition of personal hygiene.

- **Rules of Personal Hygiene**

- Rules for Personal hygiene.
- Grooming and grooming materials.

- **Sterilization of tools**

- Definition of sterilization.
- Methods and types of sterilization.
- Materials and of sterilization.
- Process of sterilization.

- **First Aid**

- Definition of first aid.
- Contents of a first aid box and their uses.

- First aid treatment.

- **TOOLS, EQUIPMENT AND MATERIALS**

**Cosmetic tools,  
Equipment and  
Materials.**

- General tools, equipment and materials used in cosmetology.
- Classification of cosmetic tools, equipment and materials.
- Uses of cosmetic tools, equipment and materials.
- Maintenance of tools and equipment.

- **HAIR CARE AND HAIR PRODUCTS**

Definition of terms.

- **Types of Hair**

Different aspects of cosmetology.

- Types of hair
- General hair care

General professional ethics.

- **General Hair Treatment**

- Types of hair treatment – shampooing, conditioning, steaming etc.
- Stages of hair treatment.

Candidates should be able to correctly outline various safety measures to be taken.

- **Scalp Treatment**

Cleanliness of the body and oral hygiene.

Characteristics of grooming ( posture, exercise relaxation and balanced diet.)

- Scalp disorders.

Physical agents: moist heat, boiling water , steaming, dry heat, ultra violet rays.

Chemical agents: antiseptics and disinfectants.

- Scalp treatment.

First aid treatment for burns, cuts, scalds etc.

- Prevention of scalp disorders

- **Treatment of Hair loss**

Hair loss—causes, prevention and treatment.

Candidates should be able to describe how the various tools, equipment and materials are used.

Manicure and pedicure tools, barbing clippers, facial implements e.t.c.

- **Tinting and Colouring of Hair**

Normal, dry, oily hair etc. should be studied.

Combing, washing, brushing, cutting, trimming etc.

- Definition of hair colouring/tinting.
- Types of hair colouring.

Appropriate treatment for dry hair, normal hair, oily hair and hair with dandruff should be studied.  
Shampooing, conditioning, steaming, trimming, drying and styling should be studied.

Hair loss (alopecia), dandruff etc.

- Tools and instrument used for hair colouring.

Nutritional treatment (vitamin B etc.), Chemical treatment (shampoos, cream etc.) should be studied.

Candidates are expected to have carried out

practical activities on scalp treatment.

### ● **Chemical Hair Relaxers**

- Definition of hair relaxer
- Types of hair relaxer—cold waves, texturizers etc.
- Tools and materials for hair relaxing.
- Procedure for chemical hair relaxing.
- Safety precautions in applying chemical hair relaxers.

Temporary, semi-permanent and permanent hair colouring should be studied.

Candidates are expected to have carried out practical activities on hair colouring/tinting.

### ● **Artificial Hair**

- Difference between hair pieces and wigs.
- Types of hair pieces and wigs.
- Reasons for wearing wigs.
- Caring for wigs and hair pieces.
- Tips for buying hair pieces and wigs.

Candidates are expected to carry out practical activities on hair relaxing.

- Procedure for fixing artificial hair.

Candidates are expected to have carried out practical activities on fixing artificial hair.

### ● **Hair Weaving**

Candidates are expected to have carried out practical activities on weaving.

- Hair weaving—reasons for weaving, tools and materials.
- Types of hair pieces for weaving.
- Brand names of hair pieces.

- **Hair Barbering**

- Definition of barbering.
- Common hair diseases associated with barbering.
- Risks associated with barbering and safety measures.
- Barbering tools, materials and their maintenance.

- **Shampoos and Hair Conditioners**

- Shampoos and conditioners.
- Reasons for hair shampooing and conditioning.

- Techniques for hair shampooing and conditioning.
- Safety precautions for shampooing and conditioning.

- **FACE AND BODY CARE**

- **Skin**

- Skin—Definition and types of skin
- Skin care
- Types of skin care products and their usage.

Bumps, lice, hair shaft damage etc.

HIV transmission, ringworm etc.

Candidate should be able to define shampoos and conditioners and be able to select the right type of shampoos and conditioners for different textures of hair.

Candidates are expected to have carried out practical activities of shampooing and conditioning.

Oily skin, dry skin etc.

Moisturizers, cleansers, lotions, toners, creamse.t.c.

Acne, eczema, ringworm, inflammation of the skin e.t.c.

e.g. primary, secondary, tertiary , neutral and intermediate colours.

Base foundation, loose powder, lips sticks, eye pencilse.t.c.

Beautification, concealing facial defects etc.

Cleansing, moisturizing, foundation, concealer powder, eye shadow etc.

Brush, facial mask, foam, facial towel etc.

Wrinkles, acne, pimples etc.

Facial creams, nutrition, facial aerobics etc

Candidates are expected to have carried out practical activities on application of lipsticks

- Abuse of skin care products.
- Common skin problems and treatments.

Tweezers, eye pencil, mascara etc.

Candidates are expected to have carried out practical activities on the use of eye brows, eye lids and eye lash materials.

- **Colour Wheel/chart**

Tips for buying good shoes.

- Classification of colours
- Colour wheel/chart.

Common toes and feet disorders should be studied.

- **Application of Facial Make-up**

White spots, bitten nails, brittle nails etc.  
Ringworm, felon and ingrown nails.

- Types of facial make-up

- Reasons for facial make-up
- Application of facial make-up
- Safety precautions in application of facial makeup.
- Make-up materials
- Maintenance of make-up implements.

Candidates are expected to have carried out practical activities on manicuring and pedicuring.

- **Facial Defects and Treatment**

Explanation.

Registration of members with local hair dresser associations, payment of business premises levy to government.

- Facial defects.
- Treatment of facial defects.

Radio, television, handbills, posters, newspapers, magazines, internet e.t.c.

- **Lips and Lip Sticks**

- Lips—shapes of lips and types of lipcolours
- Types of lipsticks.
- Techniques for lip sticks and lip colour application.

- **Eye Brows, Eye Lids and**

## **Eye Lashes**

- Types and shapes of eye brows.
- Materials used for eye brows, eye

- lids and eye lashes.

## **● MANICURE AND PEDICURE**

- Feet and Hands
- Care of feet—effect of shoes on feet.

- massaging of feet and trimming of toe nails.
- Care of hands—massaging, application of oil and trimming of handnails.
- Nail disorders.
- Nail diseases.

## **● Nails**

- Definition of manicure and pedicure
- Tools and equipment for manicuring and pedicuring and their maintenance
- Processes for manicuring and pedicuring.
- Safety precautions for manicuring and pedicuring.

## **● ENTERPRENUERSHIP**

## Opening a Beauty Salon

- Salon.
- Conditions for establishing a salon.
- Salon equipment.
- Rules, regulations and laws governing salon business.
- Media for advertising

### **LIST OF MAJOR EQUIPMENTS AND MATERIALS REQUIRED**

Mirrors
Dressing and styling chairs
Shampoo bowls
Trolleys
Chairs
Stools
Washing basins
Curling tongs
Steamers
Heater
Foot massager (chart)
Crimping machine (chart)
Tweezers
Emery boards
Manicure Sets
Generator (at least 3KVA)
Sets of combs
Gloves (Hair dresser's)
Aprons
Cream relaxers
Neutralizing shampoos; shampoos.
Conditioners
Pomades
Needles
Threads
Weave-on
Hair pieces

Wigs
Set of artificial nails
Setting lotions
Hair lotions
Colour tints
Hair sprays (oil sheen and holding)
Towels
Capes